

#### **ENTERTAINMENT**

WEDNE	SDAY, OCTOBER 5, 2011	Thursday, October 6, 2011	
9:00 a.m. 9:30 a.m. 9:45 a.m. 10:45 a.m. 11:00 a.m. 11:45 a.m. 12:00 p.m.	Ellis Woodward Bykota Men's Basketball Players Patsy Cline's Classic Country Party Mary Krause and Students Do Zumba Nights at the Copa Rozetta Ryan, Urban Line Dance Opening Ceremony with County Executive Kevin Kamenetz and Governor Martin O'Malley	9:00 a.m. 9:20 a.m. 10:20 a.m. 10:40 a.m. 11:40 a.m. 12:00 p.m.	Enhanced Fitness Chezelle in Cross Keys Fashion Show Drums Alive Senior Jazz Band Karaoke with Kathy Snello Veteran's Salute with Edward Chow, Jr., Secretary, Maryland Department of Veterans Affairs Military Tribute Performance Belly Dancing with Angie Rounis and Friends Baltimore County Seniors Got Talent
1:00 p.m. 1:45 p.m. 2:00 p.m. 3:00 p.m. 4:00 p.m.	Senior Star Showcase <i>Oklahoma</i> Ballroom Dance Group from Bykota Sunshine Models on Wheels and Jesse Magee sponsored by the World of Possibilities The Backroads Band Improvisational Comedy	12:30 p.m. 1:30 p.m. 2:00 p.m.	
4:30 p.m. 5:00 p.m.	Teelin Irish Dancers Frankie Avalon sponsored by Res-Q All-Natural Products		

## LIVING LIFE STAGE

Wednesday, October 5, 2011		THURSDAY, OCTOBER 6, 2011	
Time	Topic	Time	Topic
9:00 a.m.	Skills and Values Inventory	9:00 a.m.	Building a Resume/Prep for the
10:00 a.m.	Marketing Self Effectively		Interview
11:00 a.m.	Care Management: Enhancing Independence	10:00 a.m.	Applying On-line
11:30 a.m.	Experience the Tai Chi Difference	11:00 a.m.	Salad Boxes
12:00 p.m.	BCASCO - Advocacy	11:30 a.m.	Dating in Later Years
12:30 p.m.	Best Places to Kayak in Baltimore	12:00 p.m.	Cardiovascular Health
1:00 p.m.	Protecting Our Seniors	12:30 p.m.	Tours, Shows and South Pacific
1:30 p.m.	Stride into Fitness with BCDA	1:00 p.m.	Fun Classes for 50+
2:00 p.m.	The Tai Chi Experience	1:30 p.m.	Can Alzheimer's Be Prevented?
2:30 p.m.	Community Development Services	2:00 p.m.	Cloggers - Dance and Learn
3:00 p.m.	Anti-Aging Today	2:30 p.m.	Big Energy Savings
3:30 p.m.	Renaissance in Learning		
4:00 p.m.	Nutritional Health		

## MEDICARE PART D RESEARCH ASSISTANCE APPOINTMENTS

## Call 410-887-2059 or email medicareinformation@baltimorecountymd.gov to make an appointment at Expo.

- 1. Bring your Medicare card and any other health care card that you use for coverage of your medical expenses.
- 2. Bring a list of all medications that you take. Include correct spelling, dosage, and how frequently you take it.
- 3. Bring the following financial information (only dollar amounts, NOT account numbers):
  - a. Gross Income Social security before deductions, any pension, annuity, or other retirement income, distributions/withdrawals from retirement accounts (IRA, 401k, 403b, 457b or SEP), and dividend, interest income or capital gains.
  - b. Assets DO NOT INCLUDE, HOME, VEHICLES, BURIAL PLOTS OR PERSONAL POSSESSIONS (jewelry, art, etc), bank accounts (checking, savings, CD's), stocks, bonds, mutual funds, retirement accounts, other investments, cash, and life insurance policies with a total face value of more than \$1500 (whole, universal, etc.). This does NOT refer to what the death benefit would be. For example, a \$50,000 term life insurance policy would not count as part of your assets.

# BABY BOOMER/SENIOR EXPO BOOK SIGNING - OCTOBER 5 & 6, 2011

Meet Maryland authors to discover new reading pleasures. Books will be for sale on site. See web site for details.

## **ARE YOU MISSING OUT?**

Find out if there are benefits you may be eligible to receive. Visit the Benefits Eligibility Screening Specialist in the Medicare Part D area at Expo. To make the most of your visit, bring the following:

Your total gross monthly income, before any deductions, including:

- Wages Social Security SSI VA benefits Pensions Rental income
- Alimony Dividends and Interest Income (If you have a spouse, count his/her income, too.)
- Your assets, including all bank accounts and investments.

Any benefits you currently receive (Medical Assistance, Food Stamps, QMB/SLMB, MEAP, etc.)